



SAILING AND COMMUNICATION INSTRUCTIONS

RACE THREE

STAVANGER – AALBORG



SAILING AND COMMUNICATION INSTRUCTIONS FOR THE TALL SHIPS RACES 2026

Category 2 Race

RACE COMMITTEE FOR RACE 3 STAVANGER – AALBORG

Race Committee Members

Magda Makowska - Race Director
Ian Lerner - Assistant Race Director
George Mills - Chief Vessel Inspector
Mal Riley - Communications Officer
Penny Tranter - Meteorologist

Sail Training International Race Office, Unit 9 Cooperage Green, Royal Clarence Yard, Weevil Lane, Gosport, PO12 1FY
Tel: + 44 (0)23 9258 6367; E-mail: office@sailtraininginternational.org
Websites: www.sailtraininginternational.org and www.sailonboard.com

SAILING INSTRUCTIONS: RACE 3 - STAVANGER - AALBORG

1. GENERAL

The Race will be sailed under the Sail Training International Racing Rules and Special Regulations 2026 edition as distributed to competitors, and the International Regulations for Preventing Collisions at Sea. World Sailing Rules do NOT apply at any time during the Sail Training International Tall Ships Races.

2. ALTERATIONS TO THE SAILING INSTRUCTIONS

If it is necessary to make last-minute alterations to the Sailing Instructions, announcements will be made by VHF radio. It is then the responsibility of Captains/Masters to acquaint themselves with the alteration before sailing.

3. STANDARD TIME PENALTY

RACE THREE – 2 Hours 35 Mins.

4. START LINE - NOTE: THE START IS ON SATURDAY 25 JULY

The Start Line will be in the area: approx. 15 nm from Stavanger.
Further details will be given at the Captains' Briefing.

5. COMMUNICATIONS AT THE START

Additional instructions will be confirmed at the Captains' Briefing.

6. STARTING SIGNALS & TIMES SATURDAY 25 JULY

17:00 UTC CLASS A
17:30 UTC CLASS B
17:45 UTC CLASS C/D

Note: Details to be confirmed at the Captains Briefing.

7. COURSE

Details to be confirmed at the Captains Briefing.

8. FINISH LINE AREA:

Distance from the finish line to Aalborg approx. 90nm.

9. EXCLUSION ZONES: TSS, Wind Farms, Offshore Oil and Gas Facilities

All Traffic Separation Schemes, Wind Farms, and Oil/Gas Facilities are excluded from the race course and must be treated as NO-GO ZONES.

10. COURSE DISTANCE

250 nautical miles (approx.)

11. TIME LIMITS

CLASS A 29 JULY 22:00 UTC
CLASS B 29 JULY 22:30 UTC
CLASS C/D 29 JULY 22:45 UTC

COMMUNICATION INSTRUCTIONS: RACE 3 - STAVANGER - AALBORG

1. TIME

All times stated in this instruction are **UTC unless stated**.

2. COMMUNICATIONS VESSEL & STAND-BY VESSEL

The Communications Vessel for Race 3 will be announced at the Captains' Briefing. She will maintain a listening watch on VHF Channel 16 and 77 when not conducting other business. She should be called using the call sign "**RACE CONTROL**".

Captains/Masters will be advised at the Captains' Briefing of the name of the stand-by vessel which will take over the duties of the Communications Vessel should it become necessary.

3. COMMUNICATIONS SCHEDULE

The primary means of communication will be VHF Channel 77, email; commsofficer1@mailasail.com as per communication schedule MF/HF Radio Ch4146 will also be used as an alternative means of communication.

Morning schedule UTC:

- 0758 Comms Officer will call to make a VHF communications check.
- 0800 Vessels with Satcoms are to send their Lat and Long position as at 0800 UTC via email or Satcoms. (Please use format: example: Vessel Name 55.22N 06.35E)
- 0815 The Communications Officer will call each vessel in turn (as listed in the Communications Schedule) on **VHF Channel 77** and will ask each vessel to pass their Lat and Long position as at 0800 UTC. The Communications Officer will acknowledge the Lat/Long positions and will also confirm the vessel's race placings as at 0800 UTC (in class and overall).

After all vessels have been contacted, the Communications Officer might broadcast a meteorological forecast and any other current fleet information.
- 0900 MF/HF 4146mHz will be used as a Secondary channel for those vessels with a HF/MF SSB Transceiver.

Afternoon schedule UTC:

- 1658 Comms Officer will call to make a VHF communications check.
- 1700 Vessels with Satcoms are to send their Lat and Long position as at 1700 UTC via email or Satcoms. (Please use format: example: Vessel Name 55.22N 06.35E)
- 1715 The Communications Officer will call each vessel in turn on VHF Channel 77 and will ask each vessel to pass their Lat and Long positions as at 1700 UTC. The Communications Officer will acknowledge the Lat/Long positions and will also confirm the race placings as at 1700 UTC (in class and overall).

After all vessels have been contacted, the Communications Officer might broadcast a meteorological forecast and any other current fleet information.
- 1800 MF/HF 4146mHz will be used as a Secondary channel for those vessels with a HF/MF SSB Transceiver.

SCHEDULE NOTES:

- The Communications Officer will call vessels as listed in the Communications Schedule. A vessel having another vessel's position should pass it when the Communications Officer calls the name of that vessel. If he has more than one other vessel's position, he should pass each as the appropriate other vessel is called.
- If the vessel does not respond, then this vessel will be treated as a 'No Report' and may be subject to a STP.

4. SILENCE PERIOD

All vessels are required to observe a "Silence Period", and cease all transmission on VHF Channel 77, except replies to the Communications Officer during both communications schedules to permit him to conduct the schedules without interruption. Vessels are to wait until they are called before passing their positions.

5. VESSELS UNABLE TO REPORT

If a vessel is unable to report its position either directly, via another competitor, or via a coast radio station or commercial shipping, then **she must use whatever means available** in order to draw attention to her position.

6. FAILURE OF A VESSEL TO REPORT ITS POSITION

If the Communications Officer does not receive reports of a vessel's position, the following action will be taken:

- 6.1 If a vessel fails to report her position for one schedule, the Communications Officer will broadcast to the fleet for any information they may have on that vessel's situation. **The vessel will receive a Standard Time Penalty.**
- 6.2 If a vessel fails to report her position for two consecutive schedules, local coast radio stations and the coastguard may be informed. **The vessel will receive a second Standard Time Penalty.**
- 6.3 If a vessel's position is still unknown after the third schedule, the Race Committee will consider whether SAR procedures should be initiated. **The vessel may be disqualified by the Race Committee.**

7. METEOROLOGICAL INFORMATION

- 7.1 **Abnormal weather conditions.** Any vessel experiencing abnormal weather conditions must make every endeavour to inform the Communications Officer and, if appropriate, other competitors.
- 7.2 Although the Communications Officer will endeavour to obtain the latest weather information for transmission to the fleet, Captains/Masters should take steps to obtain their own weather information.

8. FINISH TIMES

Vessels are required to pass their Finish Time [UTC] and their ETA to the Finish Port to the Communications Officer as soon as possible, and certainly no later than the next communications schedule.

9. VESSELS FINISHING AT SEA

Vessels that are still at sea at the end of the race NEED NOT RETIRE. They are to pass their position at the time of the end of the race to the Communications Officer as soon as possible, and certainly no later than the next communications schedule. They should remain on the communications schedule and continue to pass their positions until they reach the finishing port.