

The Tall Ships Races 2019 Aalborg

2. - 6. juli 2019

Captains' Manual



Contents

Welcome to Aalborg	3	City Cultural Programme	17
Contact Addresses and Telephone Numbers	4	Public Visit to the Ships (open ship)	17
Port and Sail Training International Contacts	4	Parade of Sail	17
Consular Addresses and Telephone Numbers	4	Music and Activities Programme	18
Arrival Arrangements	6	Liaison System	19
Charts	6	Liaison Officers	19
Tides	6	LO Operation Centre	19
Frequencies	6	Ship Services	20
Call Signs	6	Port Authority of Aalborg	20
Procedures	7	Fuel	20
Pilots	7	Water	20
Tugs	7	Electricity	20
SafeSeaNet and Immigration	8	Waste	21
SafeSeaNet	8	Gas	21
Immigration	9	Repairs	21
Security	9	Ships' Supplies and Provisions	21
Berthing	10	Stores	22
Special Berthing Instructions	10	Ship Agents	22
Fenders and Gangways	10	Delivery of Goods and Equipment	23
Line Handlers	10	Coach Collection Point	
Ships' Safety	10	Communication	23
Formalities	10	Crew Services	24
Dress Ship	10	First Aid	24
Colours	10	Incidents and Emergencies	24
Town Plan	11	Pharmacy	24
In Port Facilities	11	Crew Centre	25
Town Information	11	Laundry Service	25
Post Office	11	Crew Service Centre	25
Banks, Exchange and ATMS	11	Transport	25
Tourist Information	12	Captains' Manual sponsors	26
Churches	12	Appendix	27
Captains' Programme	13	Chart – passage of "Nordjyllandsværket"	28
Captains' Dinner	13	Route – parade of sail and saluting point	28
Captains' Briefing	13	Berthing Plan	29
Captains' Lounge	13	In Port Facilities Map	30
Crew Programme	14	Requisition form, Water – Class A Ships	31
Crews' Party		Requisition form, Fuel	32
	14	nequisition form, ruel	
Crew Parade		Requisition form, Sludge	
Crew ParadeCrew Parade Route	14		33
	14	Requisition form, Sludge	33 34



WELCOME TO AALBORG Page 3

Welcome to Aalborg

It is a great honour to see The Tall Ships Races return to Aalborg once again. I remember The Tall Ships Races in Aalborg mostly for the incredible sight it is to see the many ships sail into our harbour. To see the ships, once again, gently roll in on the waves of the Limfjord is going to be wonderful. Not to mention seeing the ships berthed side by side with the Limfjord bridge in the background.

This time it is something very special — a bit more than usual. It is our 20 years anniversary. Aalborg hosted The Tall Ships Races for the first time in 1999. During the years, this amazing event has visited Aalborg five times — this summer included. A fact of which we are very proud.

Four amazing days await us all. Four days where both sides of the Limfjord will be alive and pulsating. The Tall Ships Races spread a unique vibe and atmosphere throughout the city. The streets will be crowded with excited citizens, tourists and crew members, who are all enjoying themselves.

We are very happy and proud to greet you, your ships and your crew. We hope you will enjoy your time in Aalborg and take in the festive events during your days here. There will be a vibrant music scene, a harbour front buzzing with life, and a record-breaking display of fireworks.

We have done our very best to ensure you have a great few days here. From the entire City of Aalborg – welcome and enjoy your stay.

Mayor of Aalborg

Thomas Kastrup-Lausen
Thomas Kastrup-Larsen



Contact Addresses and Telephone Numbers

Port and Sail Training International Contacts

Port Committee Office and TSR 19 Secretariat 2

Location: TSR 19 Headquarters Rendsburggade 6, 9000 Aalborg Telephone: + 45 99 82 10 46 Opening hours: 08:00 - 20:00 E-mail: events@aalborg.dk

Liaison Office/LO Operation Centre



Location: TSR 19 Headquarters Rendsburggade 14, 9000 Aalborg Telephone: + 45 99 82 10 41 Opening hours: 08:30 - 20:00

Tall Ships Races - Port Control Aalborg



Location: TSR 19 Headquarters Rendsburggade 14, 9000 Aalborg

Telephone: + 45 99 82 10 40 / or channel 13

Sail Training International Race Office 2



Location: TSR 19 Headquarters Rendsburggade 6, 9000 Aalborg Telephone + 45 99 82 10 43

Sail Training International Mobile Race Office 1



Location: TSR 19 Headquarters Rendsburggade 14, 9000 Aalborg Telephone: + 45 99 82 10 45

Press & Media Centre



Location: TSR 19 Headquarters Rendsburggade 14, 9000 Aalborg Telephone: + 45 25 20 16 15

Opening hours: 02.07: 12:00 - 17:00 03.07-05.07: 09:00 - 17:00

Consular Addresses and Telephone Numbers

Austria

Austrian Honorary Consulate in Aarhus

Consul: Steffen Ebdrup

Hans Broges Gade 2, 8000 Aarhus C - Denmark

Telephone: + 45 89 34 00 00

Belgium

Belgian Honorary Consulate in Aarhus

Consul: Carsten Henriksen

Vester Alle 4, 8000 Aarhus C - Denmark

Telephone: + 45 33 34 00 01

Brazil

Brazilian Embassy in Copenhagen,

Ambassador: Rafael de Mello Vidal - Charge d-affaires Chr. IXs Gade 2, 1st floor, 1111 Copenhagen K - Denmark

Telephone: + 45 39 20 64 78

Czech Republic

Czech Consulate in Aarhus Consul: Niels Brechner

Sesterhøjvej 35, 8270 Højbjerg - Denmark

Telephone: + 45 87 45 01 11

Estonia

Estonian Consulate in Aarhus

Esthavnsvej 5, 8000 Aarhus C - Denmark

Telephone: + 45 70 10 05 55

Finland

Finnish Honorary Consulate in Aarhus

A/S Schouw & Co.

Consul: Erling S. Lindahl

Chr. Filtenborgs Plads 1, 8000 Arhus C – Denmark

Telephone: + 45 86 11 22 22



France

French Consulate in Aalborg Consul: Anker Laden-Andersen Østre Havnegade 12, 9000 Aalborg – Denmark Telephone: + 45 70 15 10 00

Germany

German Honorary Consulate in Aalborg, c/o Desmi A/S Consul: Henrik Sørensen Tagholm 1, 9400 Nørresundby – Denmark Telephone: + 45 96 32 82 12

Indonesia

Indonesian Embassy in Copenhagen, Ambassador: Dr. H. Bomer Pasaribu Ørehøj Alle 1, 2900 Hellerup - Denmark Telephone: + 45 39 62 44 22

Latvia

Latvian Consulate in Aalborg, Consul: Karen Marie Melson Elisevej 18, 9000 Aalborg - Denmark Telephone: + 45 98 12 23 00

Lithuania

Lithuanian Consulate General in Aalborg Consul: Eva Caspersen Duebrodevej 6, 9000 Aalborg - Denmark Telephone: + 45 98 13 42 65

Mexico

Mexican Consulate in Aarhus, Consul: Klaus Erik Krogh Hjortevenget, 8270 Hejbjerg - Denmark Telephone: + 45 87 40 80 00

Netherland

Netherlands Honorary Consulate in Aalborg, Consul: Henrik Calum Vestre Havnepromenade 21, 9000 Aalborg – Denmark Telephone: + 45 98 12 67 00

Norway

Norwegian Honorary Consulate in Aalborg, Consul: Chistopher Harry Riekehr Prinsensgade 11, 9000 Aalborg – Denmark Telephone: + 45 51 61 10 00

Oman

Omani Consulate in Aarhus Consul: Ole Munch Nielsen Strandvænget 5 B, 8240 Risskov Denmark Telephone: + 45 86 14 50 72 / + 45 86 17 05 17

Poland

Polish Honorary Consulate in Aarhus, Consul: Jesper Orskov Nielsen Mariane Thomsens Gade 1C, 8. 8000 Aarhus C – Denmark Telephone: + 45 87 34 34 34 / + 45 28 19 58 38

Russia

Russian Embassy in Copenhagen Ambassador: Mikhail Valentinovich Vanin Kristianiagade 5, 2100 Copenhagen - Denmark Telephone: + 45 35 42 55 85

Slovenian

Slovenian Consulate in Aarhus, Consul: Knud Kristensen Stenvadet 6, 8240 Risskov - Denmark Telephone: + 45 86 20 42 00

Spain

Spanish Vice Consulate in Aarhus Consul: Jaume Ferrer Servera Vice Østre Skovvej 1, 8240 Risskov – Denmark Telephone: + 45 31 10 92 44

Sweden

Swedish Honorary Consulate in Aalborg Consul: Annette Koch Byrdal Kristinevej 2, 9000 Aalborg – Denmark Telephone: + 45 96 45 44 35

Additional consular addresses and telephone numbers can be found on www.konsuler.dk/en/



Arrival Arrangements

Charts

Danish Charts:

Kattegat - no. 100
Kattegat Nord - no. 101
Hals - Aalborg - no. 106
Aalborg Havn, Limfjorden - no. 107
Aalborg Bugt - no. 122
Aalborg - Løgstør - no. 105
Thyborøn - Løgstør - no. 108 & 109

British Admiralty Charts:

Kattegat Northern Part	-no. BA 2107
Hals to Aalborg	-no. BA 429
Limfjorden Aalborg	-no. BA 430
Aalborg Bugt	-no. BA 894
Logstor to Aalborg	-no. BA 428
Limfjorden, Thyboron to Mors	-no. BA 426
Limfjorden, Mors to Logstor	-no. BA 427

Admiralty Sailing directions:

NP18 Baltic Pilot, Vol. 1 18th Edition 2018 (Paragraph 5.78 to 5.135 (page 170 to 178))

Charts and publications can be obtained from:

Iver C. Weilbach & Co.

Toldbodgade 35

Copenhagen K

Phone: (+45) 33 34 35 60

CVR No 54953828

E-mail: sales@weilbach.com http://www.weilbach.dk

For instruction on passage of "Nordjyllandsværket", please see page 7 "Procedures" and Appendix "Chart - Passage of Nordjyllandsværket".

Tides

Under normal weather conditions, the tidal range is between plus/minus 0.5 meters according to the main sea level.

The distance Hals - Aalborg is approximately 16 nautical miles.

Frequencies

"Port Control Aalborg"	VHF channel 13
	(in the Limfjord and port area)
Emergency/Distress calls	VHF channel 16
Limford Pilot	VHF channel 16

Call Signs

The call is "Port Control Aalborg"



Procedures

When approaching the Limfjord please switch to VHF channel 13 and maintain listening position on this channel.

All ships must call "Port Control Aalborg" on channel 13 one hour before entering Aalborg central harbour. Port Control Aalborg, telephone: + 45 99 82 10 40

"Port Control Aalborg" will provide you with current information regarding:

- · Traffic situation into Aalborg
- · Expected weather and current stream
- Your next reporting point
- · Availability of tug
- · Berthing place in Aalborg

Passage under power-lines/Nordjyllandsværket:

When passing "Nordjyllandsværket" in the Limfjord, ships with an air draught exceeding 49 metres must take the alternative route for air draught up to 63 metres.

See Appendix "Chart - Passage of Nordjyllandsværket".

Please call "Limfjord Pilot" on VHF channel 16 and "Port Control Aalborg" on channel 13 or telephone: + 45 99 82 10 40 four hours before entering the alternative route.

Passage – The Limfjord Bridge

Any passage through the Limfjord Bridge is coordinated by the bridge control. The bridge control can be contacted on VHF channel 16 and 12.

Pilots

Eastern approach from Hals Barre to Aalborg

Pilot is compulsory for ships with a draught of 6 meters and above.

Western approach between Logstor and Aalborg

Pilot is compulsory for ships with a draught of above 3,1 meters.

Passing the Oddesund Bridge

Pilot is compulsory for ships with LOA of 35 meters and above.

Passing the Railway Bridge in Aalborg

Pilot is compulsory for ships with LOA of 53 meters and above.

Pilots will be available free of charge for all ships obligated to comply with local pilot regulations.

Local contact details for Limfjord Pilot:

E-mail: 24h@limfjordpilot.dk Telephone. +45 9152 8888

VHF: Ch 12/16

To order a pilot – Limfjord Pilot instructions must be followed:

http://limfjordpilot.com/booking.html

Ships requesting a pilot should call "Limfjord Pilot" on VHF channel 16 four hours before arrival at the Pilot Station (See the pilot stations Hals no 1,2 and 3 in the chart no 100, 101 and 122).

Tugs

Tug assistance will, if necessary, be provided for ships with an air draught of more than 49 meters through the alternative route, special marked channel to clear "Nordjyllandsværkets" power lines.

In Aalborg central harbour tug assistance will be available from Tuesday July 2nd free of charge.

Requests for tug assistance in the Aalborg central harbour should be made to "Port Control Aalborg" on VHF channel 13 or on telephone + 45 99 82 1040 as early as possible, but at the latest one hour before entering the Aalborg central harbour.



SafeSeaNet and Immigration

Under EU regulation 2017/458 all ships must be registered with and use SafeSeaNet portal when entering Denmark; nsw.safeseanet.dk

SafeSeaNet

If you already have a Danish SafeSeaNet account, log on with your existing username and password.

If you have forgotten your password, please use the "reset password link" at nsw.safeseanet.dk, and you will receive an e-mail with a link, to the e-mail address connected to your SafeSeaNet account.

If you cannot remember neither username nor password, please contact safeseanet@safeseanet.dk no later than June 24th, 2019.

You do not have to do the reporting yourself, you can hire a local ship agent to do the work for you.

The request form, documents to be downloaded to Safe-SeaNet and a guide to the use of SafeSeaNet - specifically for The Tall Ships Races 2019 - can be downloaded on the following www.tsraalborg.dk/en/captains-page/the-use-of-safeseanet/

To gain access to the Danish SafeSeaNet, please see below instruction:

- If you do not have an existing SafeSeaNet account, send the request form "Claim form to the Danish SafeSeaNet" to Safeseanet@safeseanet.dk no later than June 24th, 2019.
- A password and username will be sent to you by email
- Log on to SafeSeaNet and upload the required data –
 The Tall Ships Races 2019 excel spreadsheet prior to
 departure from your last port or as soon as possible.
 Latest reporting is 24 hours before arrival.

Excel spreadsheets to be filed:

- Crew list
- Pax list
- Ship stores (customs)
- Waste and residues
- Latest 1 hour after arriving in the port of Aalborg, log on to SafeSeaNet again, and insert actual time of arrival (ATA). The report will then change status to completed.
- 5. Latest 24 hour before departure, log on to SafeSeaNet and create a departure report.
- Latest 1 hour after departure from port of Aalborg, log on to SafeSeaNet again, and insert actual time of departure (ATD). Report will then change status to completed.

If you have any questions to the above, please contact safeseanet@safeseanet.dk



ARRIVAL ARRANGEMENTS Page 9

Immigration

State and Navy Vessels

State and navy vessels are not required to use SafeSeaNet. However, all state and navy vessel are required to notify North Jutland Police of those who are embarking or disembarking in Aalborg via Email: njyl-graensekontrol@politi.dk

You can download the transferlist on www.tsraalborg.dk/en/captains-page/embarkation-and-disembarkation/

State and navy vessels are required, no later than 4 weeks prior to the event, to have applied for Diplomatic clearance through their own respective embassies on Danish soil.

Passport control and visa:

The Danish National Centre for Foreigners (Nationalt Udlændinge Center/NUC) has decided that all participating ships in the Tall Ships Races are to be processed in accordance with regulations for cruise ships. This means that the following must be observed:

Passport control for all individuals when embarking and disembarking, except for passengers commencing their "cruise" in a Danish port, where the destination is a Schengen port, outgoing inspections are not performed.

All crew members must hold a valid passport and visa when necessary. Citizens from non-EU countries and/or those who require a visa must apply for it prior to arrival. The requirements for a visa will depend on the nationality of the individual. Failure to be in possession of a valid visa may render the individual in question liable to depart from Denmark at the ship's expense.

About embarkation and disembarkation:

All ships are required to send lists of individuals embarking or disembarking in Aalborg to the local police (North Jutland Police) by e-mail: njyl-graensekontrol@politi.dk no later than 24 hours before arrival.

You can download the transferlist on www.tsraalborg.dk/en/captains-page/embarkation-and-disembarkation/

For individuals disembarking in Aalborg, passport control will be performed upon arrival in Aalborg.

Contact with the local police:

If you have any questions concerning embarkation and disembarkation, the police can be contacted directly by telephone: +45 30 51 68 59 from July 1st until the end of the Tall Ships Races event in Aalborg.

Security

Contact details for port of Aalborg (ISPS)

Port office (traffic and operation)
24 hour watch, VHF channel 16.
Direct telephone: +45 99 30 15 20
e-mail: trafik@aalborghavn.dk
Harbour Master - direct telephone: +45 99 33 15 21
Information page www.aalborghavn.dk
The post has 7 approved facilities.
Port ID UN locator code: DKAAL

Port ID number: 10328

Port Security Officer (PSO)

Harbour Master: Claus Rosenbeck Telephone: +45 99 30 15 20 – 24 hrs.

Mobile: +45 29 20 72 21

Deputy Port Security Officer: Kenneth Mortensen

Telephone: + 45 99 30 15 20 - 24 hrs.

Mobile: + 45 29 20 72 36

Ships, masters or SSO's that have specific requirements in connection with "ship security" should in due time, and no later than before departure from the last port before Aalborg, make the necessary arrangements for the issuing of "document of Security" in collaboration with the Port of Aalborg.

Please note that the Port of Aalborg takes reservation for the types of security arrangements that can be established.



Berthing

Special Berthing Instructions

Aalborg Harbour is open 24 hours. Berthing will be possible from Sunday June 30th, 2019. Please announce your time of arrival at the earliest possible time.

The berthing plan is enclosed – see Appendix. Possible changes will be informed to the ships in question in due time.

All ships are requested to berth with the bow facing

Fenders and Gangways

All vessels are expected to provide their own fenders and means of access to the shore.

The quays either have wooden fenders or concrete walls wherefore it is necessary to moor with own fenders.

Most of the class C and D ships have to moor alongside other ships and it is important that the ships have their own fenders to use between the ships.

Line handlers

If you announce your time of arrival at least one hour before entering the Aalborg central harbour, line handlers will be present at the quay.

Ships' Safety

When in harbour, ships are advised to make sure that a lightning rod is installed.

Ships with a large mast height must mark the masts with a toplight (class A-ships).

Ships are required have outboard towlines in case of fire (for larger ships wires are compulsory).

Formalities

Dress ship

The ships are invited to "Dress Overall" during the stay in Aalborg, weather permitting.

Colours

The colours should be hoisted and hauled according to the following:

Monday July 1st	08:00	22:11
Tuesday July 2nd	08:00	22:10
Wednesday July 3rd	08.00	22:10
Thursday July 4th	08:00	22:09
Friday July 5th	08:00	22:08
Saturday July 6th	08:00	until departure



TOWN INFORMATION Page 11

Town Plan

In Port Facilities

Numbers indicated throughout Captains' Manual refer to Appendix In Port Facility Map.

Town Information

Post Office

Post Nord (Danish Postal Service) is located inside the following supermarkets:



Slotsgade 8, DK-9000 Aalborg

Opening hours:

Monday - Sunday: 08:00 - 21:00

Kvickly

Dannebrogsgade 64, DK-9000 Aalborg Opening hours: Monday - Friday 08:00 - 20:00

Saturday - Sunday: 08:00 - 18:00

Meny

Østre Havnegade 15, DK-9000 Aalborg Opening hours:

Monday - Sunday: 08:00 - 20:00

Superbrugsen 3



Havnegade 10, 9400 Nørresundby Opening hours:

Monday - Sunday: 08:00 - 21:00

Føtex 📑



Vestergade 30, DK-9000 Nørresundby

Opening hours:

Monday - Sunday: 08:00 - 21:00

Banks, exchange and ATMS

The currency in Denmark is called "Danish Kroner" (DKK). Euro 10 converts to approximately 75 Danish Kroner, British Pounds 10 converts to approximately 85 Danish Kroner, and US Dollars 10 converts to approximately 63 Danish Kroner.

Spar Nord Bank – main sponsor of The Tall Ships Races in Aalborg 2019 welcomes you to their branch offices near the berthing area:

Spar Nord Bank - Aalborg City – ATM: 4



Østeraagade 12, DK-9000 Aalborg Telephone: + 45 96 30 26 20

Spar Nord Bank - Nørresundby – ATM: 4



Torvet 6, DK-9400 Nørresundby Telephone: + 45 96 32 06 20

Several other banks and cash points are located in the town centre in walking distance of the berthing area:

Danske Bank

Algade 53, DK-9000 Aalborg Telephone: + 45 45 12 11 00

Arbejdernes Landsbank

Vingårdsgade 9, DK-9000 Aalborg Telephone: + 45 38 48 30 80



TOWN INFORMATION Page 12

Jyske Bank

Nytorv 1, DK-9000 Aalborg Telephone: + 45 89 89 46 00

Jutlander Bank

Østerågade 15, DK-9000 Aalborg Telephone: + 45 96 57 53 20

Nordea Bank

Prinsensgade 15, DK-9000 Aalborg Telephone: + 45 70 33 33 33

Sydbank

Vingårdsgade 21, DK-9000 Aalborg Telephone: + 45 74 37 72 40

Sparekassen Himmerland

Østerågade 15, DK-9000 Aalborg Telephone: +45 99 77 08 88

Alm. Brand Bank

Ved Stranden 1, DK-9000 Aalborg Telephone: + 45 96 30 12 70

Sparekassen Vendsyssel

Algade 42, DK-9000 Aalborg Telephone: + 45 82 22 90 10

Lån og Spar

Algade 58, DK- 9000 Aalborg Telephone: +45 99 36 44 00

FOREX Bank

Ved Stranden 22, DK-9000 Aalborg Telephone: + 45 98 18 97 00

Nordjyske Bank

Torvet 4, DK-9400 Nørresundby Telephone: + 45 98 70 50 00

Arbejdernes Landsbank

Brotorvet 4, DK-9400 Nørresundby Telephone: +45 38 48 30 92

Tourist Information

Visit Aalborg 5



Kellerups Torv 5, DK-9000 Aalborg Telephone: +45 99 31 75 00

Website: www.visitaalborg.dk

Opening hours:

Monday - Friday: 10:00 - 17:30 Saturday: 10:00 - 14:00

Churches

Lutheran: 6



Budolfi Kirke, Aalborg Domkirke Algade 40, 9000 Aalborg www.aalborgdomkirke.dk

Catholic: 7



Sct. Mariæ Kirke Kastetvej 1, 9000 Aalborg For mass in English or other languages visit www.katolske-nord.dk



CAPTAINS´ PROGRAMME Page 13

Captains' Programme

Captains' Dinner 8

Captains´Dinner will be held at Nordkraft, DGI-Huset, Wednesday July 3rd at 18:30.

Invitations will be distributed by the LO upon arrival.

Each captain can bring one companion.

Nordkraft, DGI-Huset is located in very close proximity of the event area for which reason quests will be able to walk to the event.

Captains' Briefing 1

Captains' Briefing takes places on Friday July 5th in TSR 19 Headquarters, Auditorium, Rendsburggade 14 from 16:00 - 17:00.

TSR 19 Headquarters is located centrally in the event area for which reason the captains will be able to reach it by foot.

A weather forecast report for Kattegat and Skagerak with expectations for 72 hours will be delivered at the meeting.

Captains' Lounge 1

Captains are welcome to use the area with WIFI specifically reserved for captains at TSR 19 Headquarters, Rendsburggade 14. Follow the signs when you enter the building.



Crew Programme

Crews' Party 8

Crews are invited to a spectacular party held at Nord-kraft on Thursday July 4th from 19:30 - 23:00.

All crew members will be able to enjoy a night of fun with delicious food, dancing, and music for every taste as different concert halls will present different types of music.

Admission is strictly restricted to crew members wearing the race crew wristband. Crews will in addition be receiving a wristband with three snips that can be exchanged to drinks.

Drinks will be issued to crew members according to the colour of their wristband. Crew under 18 (white wristband) can exchange the snips to soft drinks, and crew over 18 (green wristband) can exchange the snips to beer, wine and soft drinks.

Alcohol will not be served for crew under the age of 18, and it is not allowed to bring your own alcohol.

Captains are expected to send at least one officer from their ship to the crew party to supervise crew and trainees.

Crew Parade

Crew Parade takes place on Thursday July 4th starting from Nørresundby and Aalborg.

The parade will go through the town accompanied by different bands and end up at Havnescenen (main stage), Slotspladsen.

Crews are expected to attend and are encouraged to entertain, sing and dance their way through the city.

Meeting time at the starting points is 15:40

Departure from Nørresundby "Under the bridge": 16:00 Departure from Aalborg "Pakhuset": 16:00

The liaison officer will accompany the crew on the route and informed of the line up positions. See Appendix "Crew Parade Line up"



CREW PROGRAMME Page 15

Crew Parade Route





CREW PROGRAMME Page 16

Prize Giving Ceremony 9

The Prize Giving Ceremony will take place immediately after the Crew Parade when the parade arrives at its end destination – Havnescenen (main stage), Slotspladsen at approximately 17:00.

Mayor Thomas Kastrup-Larsen and a STI representative will present the prizes to the crews.

The City of Aalborg will be handing out the following prizes:

- · Best dressed crew in crew parade Class A
- · Best dressed crew in crew parade Class B, C, D
- · Oldest ship
- Ship furthest away from home port
- · Environmental award
- Most spectacular arrival

Crew Activities

Activities".

Crews will receive a crew manual with practical information regarding services, activities and a general map of the event area upon arrival.

For a description of specific crew activities, information about registration and practical information, please see Appendix "Crew



City Cultural Programme

Public visit to the ships (open ship)

The Tall Ships Races is the most popular event in the entire region of North Denmark, and many visitors have come a long way to see and visit the ships.

When you have no other activities on board, we encourage you to invite the public on board and give them an unforgettable experience.

In the cultural programme, we will inform the public that ships will be open to visits when it is announced by means of the ships' signs or beach flags on the quay.

We kindly ask for your co-operation.

Parade of Sail

At the Captains' Briefing on Friday July 5th departure plans and information regarding radio service and detailed procedures will be distributed.

Parade of Sail is planned to start at 13:00.

Standard procedures:

- · Radio communication on VHF Channel 13 (listen and do not talk)
- Distance from berth to Point of Parade is approximately 6 nautical miles
- · Parade speed is 6 knots. It can be increased if necessary
- · Set the sails as soon as possible
- The Parade of Sail will pass south of the ship "Brita Leth" and the schooner "Maja" at the saluting point.
- · After passage of the Point of Parade sailing will be at the starboard side of the fairway to make space for other passing ships.
- · Listen on VHF Channel 13 for any changes to the



Music and Activities Programme

	Tueso	lay J	July	/ 2nd
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15:00 - 23:00	Event area is open
15:00 - 19:00	Open ship
17:00 - 23:00	Concerts on Havnescenen (main stage)
Wednesday	July 3rd
11:00 - 23:00	Event area is open
11:00 - 19:00	Children's activity area with pirate theme
11:00 - 19:00	Open Ship
11:00 - 17:00	Children's entertainment on
	Aalborg Lufthavn Stage
12:00	All ships in port
13:00 - 22:00	Concerts on Konica Minolta Stage
13:00 - 23:00	Concerts on Havnescenen (main stage)
16:00 - 22.30	Concerts on Siemens Gamesa Stage
16:00 - 23:00	Concerts on DC Supply Stage
17:00 - 17:30	Official opening on Slotspladsen by
	Havnescenen (Main Stage)
18:00 - 23:00	Concerts on Aalborg Lufthavn Stage

Captains' Dinner at DGI Huset, Nordkraft

Thursday July 4th

18:30 - 23:00

19:30 - 23:00	Crew Party at Nordkraft
18:00 - 23:00	Concerts on Aalborg Lufthavn Stage
	(main stage)
17:00 - 18:00	Prize Giving Ceremony on Havnescenen
16:00 - 17:00	Crew Parade
16:00 - 23:00	Concerts on DC Supply Stage
16:00 - 22.30	Concerts on Siemens Gamesa Stage
13:00 - 23:00	Concerts on Havnescenen (main stage)
13:00 - 22:00	Concerts on Konica Minolta Stage
	Aalborg Lufthavn Stage
11:00 - 17:00	Children's entertainment on
11:00 - 19:00	Open Ship
11:00 - 19:00	Children's activity area with pirate theme
11:00 - 23:00	Event area is open

Friday July 5th

11:00 - 24:00	Event area is open
11:00 - 19:00	Children's activity area with pirate theme
11:00 - 19:00	Open Ship
11:00 - 17:00	Children's entertainment on
	Aalborg Lufthavn Stage
13:00 - 22:00	Concerts on Konica Minolta Stage
13:00 - 24:00	Concerts on Havnescenen (main stage)
14:00 - 23:00	Concerts on DC Supply Stage
16:00 - 22.30	Concerts on Siemens Gamesa Stage
16:00 - 17:00	Captains' Briefing
18:00 - 21.30	Concerts on Aalborg Lufthavn Stage
21:30 - 23:00	Closing concert on Havnescenen
	(main stage)
23:15	Fireworks display from Limfjord Bridge

Saturday July 6th

13:00 - 15:00	Parade of Sail
10:00 - 15:00	Children's area with pirate theme
10:00 - 15:00	Event area is open

A more detailed programme can be found on www.tsraalborg.dk



LIAISON SYSTEM Page 19

Liaison System

Liaison Officers

Aalborg has assigned a liaison officer to each ship. The liaison officers will wear blue t-shirts and credentials. The liaison officer team is available from July 2nd, and your ship will be met by your liaison officer soon after your arrival in Aalborg.

The liaison officers are both men and woman, many with a maritime background, who have volunteered their fulltime service to the ships during the Tall Ships Races in Aalborg.

The liaison officer will be at your service every day and will report on board after the early liaison officers briefing every morning. You can expect to see your liaison officer around 08:30.

Through the liaison officer, we will provide you with important information and keep you up to date on any revised or new material or activities. The liaison officer will also be able to guide you in the matter of activities planned for captains and crews. Your liaison officer will also be happy to assist you with any queries you may have and to help with various arrangements that may be required during your stay in Aalborg.

LO Operation Centre 1

The liaison officers will be operating from the LO Operation Centre, which is located at TSR 19 headquarters, Rendsburggade 14.

The LO Operation Centre will be fully manned from 08:30 - 20:00 every day.

All liaison officers will be equipped with a mobile telephone to ensure contact between you and the liaison officer, but if for any reason you cannot contact your liaison officer, please contact the LO Operation Centre and the LO staff will then make the necessary arrangements.

From July 1st - July 6th you can contact LO Operation Centre on telephone: + 45 99 82 10 41



SHIP SERVICES Page 20

Ship Services

Port Authority of Aalborg

During the Tall Ships Races, the Port of Aalborg has transferred the authority of the planning, services and logistics related to participating ships to Port Control Aalborg (part of the Liaison Committee).

The Port of Aalborg harbour master still has the overall authority of all activities in the harbour area within the harbour limit.

Fuel

Upon arrival in Aalborg, the ship is to fill out the fuel requisition form (see appendix) and return it to the liaison officer.

Fuel is at the ship's own expense.

Terms of payment: cash on delivery.

Fuel will be delivered between 07:00 - 11:00.

Water

Class A ships can request water though the Liaison Officer. The water requisition form (see appendix) is to be returned to the liaison officer the day before the requested delivery.

Trained personnel will handle the supply of water.

Water will be delivered between 07:00 - 11:00

There is one filling free of charge per ship. Additional supply of water will be at the ship's own expense.

For class B, C and D ships water will be supplied from quayside installations as needed and free of charge.

The water requisition form is to be given to the liaison officer after which trained personnel will fill the tank.

Electricity

Electricity is available free of charge from quayside installations.

Class A ships are, however, encouraged to use their own generators.

The request for the connection to the power supply is made to the liaison officer upon arrival.



SHIP SERVICES Page 21

Waste

Waste and garbage bags must be disposed of by means of the big waste containers evenly placed alongside all the quay areas.

Please use them. No waste may be led out into the water!

For other waste products (for instance faecal tanks) contact the liaison officer.

Waste management/recycling

All waste containers are collected and driven to Aalborg Municipality's disposal facility where it is sorted – plastic and metal to be recycled and all other waste to be burned to produce energy and heating.

Sewage

Ships that require emptying of sewage tanks and bilge water are to fill in the sludge requisition form (see appendix) and hand it to the liaison officer.

Sewage and bilge water will be collected by a special vehicle and should not be pumped overboard.

Sewage will be collected between 07:00 and 11:00.

Terms of payment: Cash on delivery.

Sludge

Ships that require collection of sludge are to fill in the sludge requisition form (see appendix) and hand it to the liaison officer.

Sludge will be collected by a special vehicle and should not be pumped overboard.

Sludge will be collected between 07:00 and 11:00.

Terms of payment: Cash on delivery.

Gas

In Denmark propane can only be provided if the ship has a "Kosan propane system". Existing bottles cannot be refilled, but Danish LPG bottles and connections can be made available.

Propane, Danish LPG bottles and connections are at the ships' own expense.

Please contact your liaison officer if needed.

Repairs

In case of technical repairs or other logistical requirements on board the ship, please report this to the liaison officer who will then obtain the help required.

The following service and repair facilities are in the harbour:

- · Sail maker
- Ship and boat builders
- Ship installations
- · Ships handlers
- Ship machine works
- Safety equipment
- · Navigation equipment
- · Lift service

Ships' Supplies and Provisions

Wrist Ship Supply

Contact person:

Markus Winther Buchhave

Mobil: +45 4248 8524

24hr contact: +45 9813 7277

Email: wrist@wrist.dk

WIIST

SHIP SUPPLY

Please contact Wrist Ship Supply well in advance and they will be able to give you an offer.

Pricelists and order sheets are available on www.tsraalborg.dk/en/captains-page/



SHIP SERVICES Page 22

REMA 1000

REMA 1000

føtex

fatex

NETTO

<u>Brügsen</u>

falling

Mågasin

Stores

Grocery Stores

Meny - Østre Havn

Østre Havnegade 15, 9000 Aalborg

Every day: 08:00 - 20:00

Rema 1000

Østerbro 29 A, 9000 Aalborg Every day: 08:00 - 22:00

Rema 1000 - Nørresundby

Vestergade 22, 9400 Aalborg Every day: 07:00 - 21:00

Føtex Nørresundby

Vestergade 30, 9400 Nørresundby

Every day: 08:00 - 21:00

Føtex Aalborg

Slotsgade 8 - 14, 9000 Aalborg Every day: 08:00 - 21:00

Netto

Vesterbro 99, 9000 Aalborg Every day: 24hr

SuperBrugsen Nordhavnen

Havnegade 10, 9400 Nørresundby

Every day: 08:00 - 21:00

Shopping Malls

Salling Aalborg

Nytory 8, 9000 Aalborg Monday - Friday: 10:00 - 20:00 Saturday: 09:00 - 18:00

Sunday: 10:00 - 18:00

Magasin

Nytorv 27, 9000 Aalborg Monday - Friday: 10:00 - 19:00 Saturday and Sunday: 10:00 - 18:00

Friis

Nytorv 27, 9000 Aalborg Monday - Friday: 10:00 - 19:00 Saturday and Sunday: 10:00 - 18:00

Ship Agents

Blue Water Shipping A/S

Lavavej 15, Postboks: 8223, 9220 Aalborg Øst

Telephone: +45 79 13 47 50 Email: aalborg@bws.net

www.bws.dk

Carl Elgaard Shipping

Nordre Havnegade 3, 9400 Nørresundby

Telephone: +45 86 12 16 44 Email: ceship@ceship.dk

www.ceship.dk

Nørresundby Shipping A/S

Østre Havnegade 18 st.tv, 9000 Aalborg

Telephone: + 45 98 77 55 77 Email: broker@nrsbshipping.dk

www.nrsbshipping.dk

Schultz Shipping A/S

Landdybet 9, Postboks: 8011, 9220 Aalborg Øst

Telephone: + 45 98 17 41 00

Email: aalborg@schultzshipping.dk

www.schultzshipping.dk

ShipCargo A/S

Landdybet 10, 9220 Aalborg Øst Telephone: +45 70 20 08 90 Email: shipcargo@shipcargo.dk www.shipcargo.dk

Shipping DK A/S - Aalborg

Langerak 17, 1. Sal, 9220 Aalborg Øst

Telephone: + 45 96 32 31 00 Email: aalborg@sdkgroup.com

www.sdkgroup.com



SHIP SERVICES Page 23

Delivery of Goods and Equipment

For security reasons vehicles are not allowed to drive in the event area during opening hours from 11:00 - 24:00 from July 2nd - July 6th.

This means that if you have a delivery of goods or equipment planned while you are in Aalborg, it should be delivered to the ship between 06:00 - 11:00. Hereafter the event area is closed and only open to pedestrians.

Coach Collection Point 10

During opening hours from 11:00 - 24:00, coaches dropping off/picking up crews cannot drive directly to the ship. Therefore, we have established we have established two coach collection points from which the crew can reach their ships by foot.

Communication

Contact your liaison officer if you wish to send emails via LO Operations Centre otherwise you can use the Internet café at the crew center.

Ships Mail:

Name of the individual Name of the ship The Tall Ships Races in Aalborg 2019 Boulevarden 13 DK-9000 Aalborg Denmark



CREW SERVICES Page 24

Crew Services

First Aid FIRST AND



First aiders will patrol the event area during opening hours, and first aiders will also be equipped with a heart starter. Heart starters are also located on various locations in the berthing area as well as in the five info points placed on both sides of the Limfjord. All info points will be able to provide crews with band aid if needed.

A First Aid tent will be located at Haynehuset. First aiders will be able to treat small injuries on site and evaluate injuries to be referred to hospital treatment. A doctor will be present at certain times.

The First Aid tent is manned as follows: Tuesday July 1st - Thursday July 4th: 07:00 - 24:00 Friday July 5th: 07:00 - 01:00 Saturday July 6th: 07:00 - 14:00

Incidents and Emergencies

All emergencies should be reported immediately to the National Emergency Phone number (Ambulance, Fire and Police): 112

Afterwards, please contact your liaison officer who will then report the incident to the Port Committee and LO Operation Center.

Should a member of your crew become ill and need medical attention which is not acute or need to see a dentist, please contact your liaison officer or the LO Operation Center, and they will make the necessary arrangements.

Doctor outside working hours: Telephone +45 70 15 03 00

Pharmacy

Løve Apotek (12)

Nytorv 3, DK-9000 Aalborg Telephone: + 45 98 12 03 66

Opening hours:

Monday - Friday: 09:00 - 18:00 Saturday: 09:30 - 15:00

Budolfi Apotek 12

Algade 60, DK-9000 Aalborg Telephone: + 45 12 06 77

Opening hours:

Monday - Sunday: 06:00 - 00:00

Slotsgade Apotek 12



(in the grocery store Føtex)

Slotsgade 8 - 14, 9000 Aalborg Telephone: + 45 70 30 54 64

Opening hours:

Monday - Friday: 09:00 - 19:00

Saturday: 09:00 - 15:00 Sunday: 11:00 - 15:00

Nørresundby Apotek (12)

Tinghusgade 1, DK-9000 Nørresundby

Telephone: + 45 98 17 19 44

Opening hours:

Monday - Friday: 09:00 - 17:30

Saturday: 08:30 - 13:00



CREW SERVICES Page 25

Crew Centre 11

The Crew Centre is located at Østre Havn near one of the two crew service centers.

The Crew Centre is a large mobile truck fully equipped with 18 computers with internet access and printers – use is free of charge.

Surrounding the Crew Centre is a nice rest area with outdoor furniture and different games.

A supermarket as well as food and drinks stands are located near the Crew Centre area, and here crews can purchase snacks and beverages.

Opening hours:

July 2nd: 16:00 - 18:00

July 3rd - July 5th: 10:00 - 18:00

July 6th: 10:00 - 12:00

Laundry Service

The washing of clothes is free of charge and will be handled by a professional laundry service.

Each crew member must gather his/her laundry in a laundry bag and fill out a laundry form before they deliver laundry in one of the two Crew Service Centers as appointed by the liaison officer. Laundry bags and forms will be distributed to crew by the liaison officers.

Please note that the laundry service is only for the washing of clothes, and there is a limit of maximum 6 kilos per person per wash!

Delivery and pick-up times

Wednesday July 3rd: Delivery at 16:00 at the latest (can be picked up at the appointed Crew Service Centre Thursday July 4th at 13:30)

Thursday July 4th: Delivery at 12:30 at the latest (can be picked up at the appointed Crew Service Centre Friday July 5th at 17:00)

Friday July 5th: Delivery at 16:00 at the latest (can be picked up at the appointed Crew Service Centre Saturday July 6th at 10:00) — reminder that on Saturday July 6th, you must bring your own bag for the dry laundry.

Crew Service Centre 13

Two Crew Service Centers are located in the berthing area; one on each side of the Limfjord.

The Crew Service Centers have the following facilities:

- Dedicated showers and toilets for crew only
- Laundry Service

Openings hours:

Wednesday July 3rd - Friday July 5th: 07:00 - 22:00 Saturday July 6th: 07:00 - 13:00

Transport

Bus

Crews will be able to use the public city busses free of charge. If you want to use the city buses in Aalborg for free, you can contact the LO Operation Center in the TSR 19 Headquarters and get a bus wristband.

The bus wristband must be presented in the bus to the driver, and it is your ticket.

Please note that the TSR 19 crew wristband does NOT provide access to the busses.

Shuttle ferries

Ships will be berthed on both sides of the Limfjord (Aalborg quay and Nørresundby quay). You can cross the Limfjord by means of the Limfjord Bridge, but also by means of a shuttle ferry at each end of the berthing area.

Crews can use the shuttle ferries for free by presenting their TSR 19 crew wristband to the shuttle ferry crew. Please note that in case there is a queue when boarding the ferries, crews are expected to wait in line with other passengers waiting to board.



Captains' Manual sponsors

Contractor



Trainee sponsor









Partner



For further information:

The Tall Ships Races 2019 Organisation Project coordinator Rikke Dahl Jensen Email: rdj@aalborg.dk

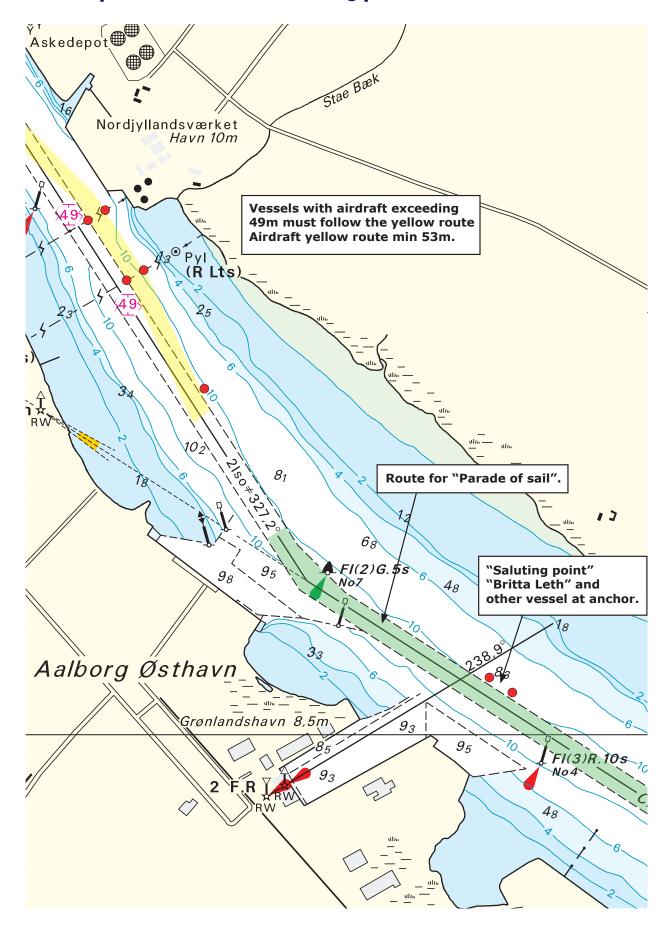




Captains' Manual APPENDIX



Chart - passage of "Nordjyllandsværket" Route - parade of sail and saluting point







Requisition form, Water - Class A Ships

NAME OF SHIP	Date
TOTAL NUMBER OF CREW	
Water is limited to 0.5 m3 per crew member	
SIGNATURE	



Requisition form, Fuel

NAME OF SHIP	Date
Please state the amount:	
DIESEL	
Payment:	
At delivery in DKK	
SIGNATURE	



Requisition form, Sludge

NAME OF SHIP	Date
Please state the amount:	
Payment:	
At delivery in DKK	
SIGNATURE	



Requisition form, Sewage

NAME OF SHIP	Date
Please state the amount:	
Payment:	
At delivery in DKK	
SIGNATURE	



Crew Activities- program and practical information

	July 2nd	July 3rd	July 4th	July 5th	July 6th		
FREE ACCESS							
Vestre Fjordpark	10:00-19:00	10:00-19:00	10:00-19:00	10:00-19:00	10:00-19:00		
Harbour Bath – Havnebadet	10:00-19:00	10:00-19:00	10:00-19:00	10:00-19:00	10:00-19:00		
Morning Run		09:00	09:00	09:00			
ACCESS - CREW WRISTBAND							
Aalborg Tårnet	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00		
Springeren – Maritime Center	10:00-20:00	10:00-20:00	10:00-20:00	10:00-20:00	10:00-20:00		
Aalborg Defense and Garrison Museum	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00		
Aalborg Historical Museum	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00		
Lindholm Høje Museum	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00	10:00-17:00		
Indoor pool - Nørresundby	06:00-17:00	06:00-17:00	06:00-17:00	06:00-17:00			
Indoor pool - Haraldslund	06:30-17:00	06:30-17:00	06:30-17:00	06:30-17:00	08:00-15:30		
DGI Climbing / trampoline			09:00-15:00	10:00-16:00			
Cable Car		10:00-16:00	10:00-14:00	10:00-16:00			
Aalborg Zoo	10:00-19:00	10:00-19:00	10:00-19:00	10:00-19:00	10:00-19:00		
REGISTRATION LO							
Stand Up Paddle boarding		**10:00, 11:00 12:00, 13:00	**10:00, 11:00 12:00, 13:00				
TSR Basket Championship 2019			10:00-14:30				
Tug on water Competition				10:00-15:30			
Football tournament				12:00-17:00			
Tree Top Walking		*9:00 & 9:30	*9:00 & 9:30	*9:00 og 9:30			

^{*} The activity begins



^{**} Limited capacity – waiting time can be expected

FREE ACCESS	TIME AND PLACE		
Vestre Fjordpark An open-air swimming area with the opportunity for a variety of activities. For example, swimming, diving boards, ball games, water game, parkour and much more. There are also playgrounds, cafés, barbecue areas and the beautiful nature by the Limfjord. At Vestre Fjordpark you will be able to play beach volley. Volleyballs can be borrowed from the lifeguard station. (https://www.aalborg.dk/oplevelser/naturog-parker/friluftsbade-havne-strande-og-badevandsflag/vestre-fjordpark)	Opening hours: Tuesday - Saturday from 10:00 - 19:00 Skydebanevej 14, 9000 Aalborg Take bus no. 2 from Nytorv Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.	Free access	
Harbour Bath - Havnebadet Jump into the harbour bath and take a refreshing dip or enjoy the scenic waterfront from the many sundecks. (https://www.aalborg.dk/oplevelser/natur- og-parker/friluftsbade-havne-strande-og- badevandsflag)	Opening hours: Tuesday - Saturday from 10:00 - 19:00 Located at the waterfront: Slotspladsen 1, 9000 Aalborg	Free access	
Morning Run – Start DGI Nordkraft The DGI morning run is an offer where professional running coaches will take you on a tour of Aalborg. The morning run is for everyone no matter how far or how fast you can run.	Start 09:00 Wednesday, Thursday and Friday. Nordkraft, Teglgaards Plads 1, 9000 Aalborg	Free access No registration necessary – just turn up at the meeting point.	



ACCESS - CREW WRISTBAND TIME AND PLACE Aalborg Tårnet Opening hours: Free The tower is one of Aalborg's landmarks. You can Tuesday - Saturday from 10:00 - 17:00 admission get a spectacular view of the city from Aalborg's Søndre Skovvej 12, 9000 Aalborg with Crew highest points at 105 meters. Take bus no. 1, 11 or 14 from Nytorv. Wristband www.aalborgtaarnet.dk Public bus transport is free with the bus wristband available from your LO or LO Operation Centre. Springeren – Maritime Experience Center Opening hours: Free Tuesday and Saturday 10:00 - 20:00 admission The center offers a wealth of maritime experiences. with Crew The exhibitions give an insight into life at sea, and Wednesday - Friday from 10:00 - 24:00 new technology creates fun and educational Vestre Fjordvej 81, 9000 Aalborg Wristband experiences. You can also experience a U-boat Take bus no. bus 2 from Nytory from the inside. Public bus transport is free with the bus wristband available from your LO or https://springeren-maritimt.dk/ LO Operation Centre. Free **Aalborg Defense and Garrison Museum Opening hours:** Here you will find the Danish Total Defense history Tuesday - Saturday from 10:00 - 17:00 admission in one place. In a large hangar from WW2 you can Skydebanevej 22, 9000 Aalborg with Crew Wristband get close to handguns, fighter planes, police motor-Take bus no. bus 2 from Nytorv cycles and other equipment that has been part of Public bus transport is free with the bus the Danish Total Defense in war and peace. wristband available from your LO or https://www2.forsvaret.dk/viden-om/forsvarsmu-LO Operation Centre. seer/nordjylland/Pages/AalborgForsvars-ogGarnisonsmuseum.aspx Aalborg Historical Museum (16) **Opening hours:** Free At the Aalborg Historical Museum, you can experi-Tuesday - Saturday from 10:00 - 17:00 admission ence the whole city's history – from around year Algade 48, 9000 Aalborg with Crew 900, when the city originated in connection with Wristband a trading place at what was then Østerå to the industrial city located in the same place more than 1000 years later. The Museum has exhibited archaeological finds alongside historical object from the city's fascinating history. In addition, you can also experience history through time when you visit Aalborgstuen and see an Aalborg grocery store from the year



1602 and the old schoolhouse from the 1930s. https://nordmus.dk/u/aalborg-historiske-museum/

ACCESS - CREW WRISTBAND TIME AND PLACE Lindholm Høje Museet **Opening hours: Free admission** Scandinavia's largest Viking burial ground at **Tuesday - Saturday** with Crew Wristband from 10:00 - 17:00 Lindholm Høje is one of Denmark's most beautiful monuments from the late Iron Age and Viking Vendilavej 11, 9400 Nørresundby Age. Several hundred stones circles indicate the Take bus no. 13 from Nytorv tombs. In the museum, you can experience an Public bus transport is free with the bus wristband available from exhibition on the Vikings who lived at Lindholm your LO or LO Operation Centre. Høje and another exhibition on ancient times in the Limfjord area. Both the museum shop and café focus on the Viking theme. (https://nordmus.dk/u/lindholm-hoeje-museet/ Free admission Indoor pool – Nørresundby **Opening hours: Tuesday - Friday** from 06:00 - 17:00 with Crew Wristband The indoor pool in Nørresundby has a 50-meter swimming pool with 8 lanes including diving Lerumbakken 11, 9400 Nørresundboards of 1 and 3 meters. by. Take bus no. 1 from Nytory http://nsbic.dk/svoemmeland.html Public bus transport is free with the bus wristband available from your LO or LO Operation Centre. Free admission **Indoor pool - Haraldslund Opening hours: Tuesday - Friday** with Crew Wristband The indoor swimming facilities in Haraldslund has from 06:30 - 17:00 three pools. The largest is a 25-meter swimming and Saturday from 08:00 - 15.30 pool with diving boards of 1 and 3 meters. Take bus no. bus 2 from Nytorv http://www.haraldslund.com Public bus transport is free with the bus wristband available from your LO or LO Operation Centre. DGI Climbing / Trampoline 17 Thursday: 09:00 - 15:00 Free admission Come and try Denmark's highest and most chal-Friday: 10:00 - 16:00 with Crew Wristband lenging climbing wall at 20 meters. Here you can DGI-Huset, Nordkraft No registration also enjoy a sports hall filled with trampolines Teglgaards Plads 1, 9000 Aalborg Waiting time can be and air tracks. Please bring indoor shoes or clean In walking distance of the berthing expected shoes. https://dgihusetnordkraft.dk/ Capacity: 50 per hour area

Cable Car ride

Nørresundby Leisure Center has the longest cable car ride in North Denmark. It is 220 meter long and drops 26 meters.

http://nsbic.dk/idraetscenter/svaevebane.html

Opening hours:

Wednesday: 10:00 -16:00 Thursday: 10:00 -14:00 Friday: 10:00 -16:00

Lerumbakken 11, 9400 Nørresundby Take bus no. bus 1 from Nytorv Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.

Free admission

with Crew Wristband
No registration
Waiting time can be
expected
Canacity: 15 per hour

Capacity: 15 per hour

ACCESS - CREW WRISTBAND

Aalborg ZOO 18

Aalborg Z00 invites you to experience some of the world's most exciting animal species.

You can visit polar bears in their beautiful surroundings, see the tigers, lions and other exciting animals from around the world.

www.aalborgzoo.dk

TIME AND PLACE

Opening hours: Tuesday -Saturday from 10:00 - 19:00

Mølleparkvej 63, 9000 Aalborg Take bus no. 11 from Nytorv Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.

Free admission

with Crew Wristband

PARTICIPATION REQUIRES REGISTRATION

Tree Top Climbing 1

Look forward to lots of fun trying out the wild and challenging climbing paths between the tree tops. The climbing track is a long line of steel wires stretched between the tree tops with activities and obstacles between each tree top. The activities consist of ladders, stumps, ropes, nets, balance beams, slides and much more. https://www.klatreparken.dk/

TIME AND PLACE

Open: Wednesday, Thursday and Friday

Start: 09:00 (10 places)
Start: 09:30 (50 places)
Faunavej 7, 9000 Aalborg
Take bus no. 11 from Nytorv
Public bus transport is free with
the bus wristband available from
your LO or LO Operation Centre.

Free admission

with Crew Wristband

Participation requires that you register with your liaison officer

Stand Up Paddling

Duration: one hour

Do you like water – and would you like to try Stand-Up Paddling, then you have the opportunity at Vestre Fjordpark.

After an instruction on land, we will go into the water. You just have to bring your bathing suit and a towel, and we will supply the boards.

Opening hours:

Wednesday and Thursday at 10:00, 11:00, 12:00 and 13:00

Vestre Fjordpark, Skydebanevej 14, 9000 Aalborg Take bud no. 2 from Nytorv Public bus transport is free with the bus wristband available from your LO or LO Operation Centre. Participation requires that you register with your liaison officer Capacity: 16 per hour

TSR Basketball Championship 2019 (Teams off 3+1)

The tournament takes place at the street basket courts on the harbour front close to the ships. Professional referees from Aalborg's basketball clubs will referee the tournament and there will be prizes for the best teams.

International street basket rules apply – first team to reach 15 points or score after 15 minutes.

Thursday July 4th from 10:00 - 14:30

Jomfru Ane Parken, Slotspladsen 1, 9000 Aalborg Participation requires that you register your team with your liaison officer.

Capacity: 16 teams consisting of 4 persons (3 on the court and 1 substitute)



PARTICIPATION REQUIRES REGISTRATION **TIME AND PLACE** Friday July 5th from 10:00 - 15:30 Participation requires "Tug on Water" competition 21 All teams meet at kl. 10:00. that you register your - (teams off 11 persons) Obels Kanal, 9000 Aalborg team with your liaison Preliminary rounds and finale Friday July 5th officer. kl. 10:00 - 15:30 A fun tug of war tournament in dragon boats -Capacity: 16 teams of which boat is the strongest? 11 persons. A challenge for the crew on all ships. Register a Only one team per team with 10 rowers and 1 drummer and comship! pete against other crews. Please note that there is a limitation of 16 teams off 11 persons for the tournament. The dragon boats and mates are ready, you just have to bring the muscle and the wining spirit. Place: Obels Kanal, Østre Kanalgade between the two bridges on the Aalborg side of the Limfjord. Friday July 5th from 12:00 - 17:00 Participation requires Football tournament (Teams off 7) Aalborg Freja, 9000 Aalborg that you register your Football for teams of 7 and max. 3 substitutes. team with your liaison Each match is 2*10 minutes and all teams will be officer. Take bud no. 2 from Nytorv guaranteed at least 3 matches. Public bus transport is free with Capacity: 10 teams. The winner of the tournament is found by knock-

out matches between the group winners.

the bus wristband available from

your LO or LO Operation Centre.

Only one team per

ship!



Crew Parade Line up

Zone B

Zone D

Zone E

Zone F

Zone G **Thursday July 4th** Alexander Von Humboldt II

Jens Krogh Kl. 15:40 Line up

L₀A Kl. 16:00 Start

Oosterschelde

Zone H **Aalborg Pibe Band** Line up - Nørresundby

Hawila

Statsraad Lehmkuhl Zone A Søværnets Tamburkorps

Wylde Swan Eendracht

Alexa

Atene Morgenster Cisne Branco

Roald Amundsen Shabab Oman II

Zone I

Swan Aglaia

Thalassa Christiania Zone J Akela Gratitude

Belem Klitta Belfer Ingo Betty Jolie Brise

Dar Mlodziezy Kyrre Die Zwillinge Maybe

Farurej Morning Star of Revelation Helena

Westwind af Göteborg Skonnerten Jylland

Bies **Zone C Astrid Finne** Challenge Wales Atyla

Dar Szczecina Fryderyk Chopin

Zone K

Esprit Johann Smidt Gedania

Pogoria Juan De Langara **Shtandart**

Koalicje Ocean Scout Line up - Aalborg Rona II

> Silesia **FDF Tamburkorps** Spaniel Cuauhtemoc St. Barbara V Bark Europa

Tara

Christian Radich Thermopylae Clipper

Den Store Bjørn Tuulelind Lord Nelson Urania George Stage Urtica

Gulden Leeuw Zryw Sørlandet

