#### **Trainee Welfare and Safeguarding**

1

#### Well Being



# Scope of the Workshop



Policies – short overview

Vulnerable?? Definitions and reality

Training

Some lessons past seasons

Follow Up

Added value of Mentors

Discussion:

- Can we improve?
- How can we share best practices and incidents?



#### Experience Windseeker



Started in 2004

25 Tall Ships

10 000 + trainees

60 mentors + training



### Policies



Key principles

Mission organisation

Good Practise Guide

Procedures

Training of the crew, volunteers and staff

Follow up..



# Vulnerable ??



Anyone under the age of 16 years should be considered as a child/young person for the purposes of this document

Vulnerable adults/adults at risk are defined as any persons aged 16 or over who:

(a) are unable to safeguard their own wellbeing, property, rights or other interests,

(b) are at risk of harm, and

(c) because they are affected by disability, mental disorder, illness or physical or mental infirmity, are more vulnerable to being harmed than adults who are not so affected.

# How About?



Small groups, do I fit in?

Social & Economical differences

**Discovering sexuality** 

Insecure about body, speaking in groups etc.

Language barrier



# Lessons big and small



Crew off-watch making jokes and having a drink

Cultural differences with alcohol:

- 16/18?
- How much control??

Interpretation of fun/drunk/narcotics

Cabin plan – opportunity

Sex minor and adult trainee



# Training



**Online Courses/ RYA** 

Ships specific training

Is training repeated part of familiarization?

Group specific training

Trainee instructions?



## Follow Up



Part of the MT?

After each watch/once per day report?

Best practices from you? Please share..



## Mentors – Wellbeing



Martin Blouet

**Caroline Nordstrand** 

Mia Reich



### Next Steps



Who feels free to share:

- Best Practises?
- Incidents and lessons?

How can we create an ongoing process to improve all our operations?

Should we combine it with all other safety issues?

Q & A?

Monique@windseeker.org

