

SAIL TRAINING PROGRAMME Self-Assessment Tool Kit

Sail Training International

First Edition (2010)



Sail Training International

*... the international voice of sail training
... changing young people's lives*



Sail Training International

PROJECT TEAM



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Sail Training International

DEVELOPMENT PROJECT

Takes into account what current research says and what operators are already doing.

Resource for the development of good practices that contribute to and constitute evidence of positive outcomes for young people,

and presents a common language for youth development through sail training.



STEERING GROUP

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Nick Fleming, Ocean Youth Trust (UK)

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PILOT OPERATORS

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The Sail Training International Model: YOUTH DEVELOPMENT THROUGH SAIL TRAINING

Sail Training Purposes

- Skill Acquisition
- Curriculum-Based Education
- Personal and Social Development



Key Practice Areas

- Supportive interactions with others and modelling of good character and behaviour
- Meaningful opportunities for membership, community and participation in a group
- Challenging, engaging and genuine activities
- Safety – physical and psychological – for learning



Youth Development Outcomes

- Learning and Achievement
- Positive Behaviours
- Connections and Relationships
- Productivity
- Self Sufficiency



HOW TO DO IT

The Self-Assessment Toolkit is a Process of:

- CRITICAL EXAMINATION:
 - Are we achieving what we say we are achieving?
- INTERNAL REVIEW OF PRACTICES:
 - What activities are we actually doing and how do they fit with our goals?
- SETTING PRIORITIES:
 - What is most important to us? What do we wish to do well?
- MEASURING RESULTS:
 - What are we actually doing well and what can be done better?
- IDENTIFYING ACTIONS
 - How are we going to improve?



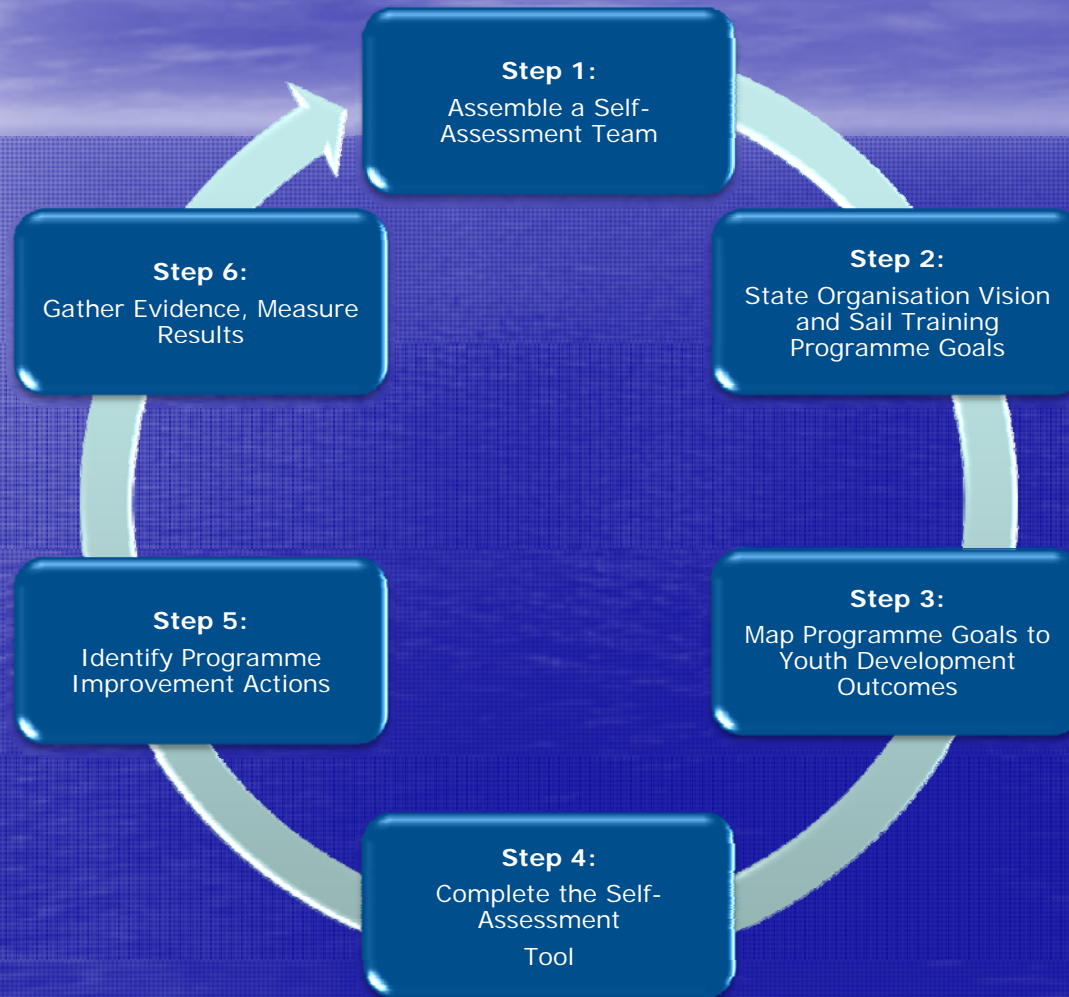
HOW TO DO IT

The Self-Assessment Toolkit:

- Is designed for internal use
- Can be completed by an individual or a representative team
- Should only take a few hours to complete
- Takes you through 6 steps



HOW TO DO IT



WHAT IT MEANS FOR OPERATORS

- Opportunity to critically examine what we do and how we can improve
- Guided and tested methodology
- An opportunity to develop
 - Better leaders
 - Stronger team players
 - More confident individuals
 - More community-minded citizens
- Greater potential to increase participation
- Potential to access external support such as funding, sponsorship and community involvement
- Provides a common ground that facilitates the ability to share with and learn from each other
- Stronger sail training industry overall



WHAT IT MEANS FOR OPERATORS

HOW CAN I MAKE IT WORK FOR ME?

Come to a workshop to find out more!

Help shape the future of sail training.

