



### **Editor's notes:**

#### **About Sail Training International (STI)**

STI is the international voice of Sail Training, a registered charity and not-for-profit organization, which has worldwide membership and activities. Its purpose is the development and education of young people through the Sail Training experience, regardless of nationality, culture, religion, gender or social background.

STI organises the annual Tall Ship Races, which have operated since 1956, and other international Tall Ship sailing events. STI members are 29 national Sail Training organisations around the world. The organisation was nominated for the Nobel Peace Prize 2007 for its work in promoting international understanding and friendship.

[www.sailonboard.com](http://www.sailonboard.com)

[www.facebook.com/SailTrainingInternational](https://www.facebook.com/SailTrainingInternational)

#### **What is sail training?**

Sail Training is an adventure activity, which includes far more than sailing instruction. Participants are required to confront demanding challenges, both physical and emotional. It is an activity that inspires self-confidence and personal responsibility. It promotes an acceptance of others, whatever their social or cultural backgrounds, and develops a willingness to take controlled risks. Those who undertake Sail Training on Tall Ships generally find it a positive life-changing experience.

For more information contact Ben Clark, Digital Marketing and Communications Manager, Sail Training International, Charles House, Gosport Marina, Mumby Road, Gosport, Hampshire, UK PO12 1AH

Tel: +44 (0) 23 9258 6367

Email: [ben.clark@sailtraininginternational.org](mailto:ben.clark@sailtraininginternational.org)