



A Breath of Fresh Air

Ben Martin - IYF



My Sail Training

- First involvement in 2005
- Sail's as a volunteer first mate for Ocean Youth Trust South
- International exchange to Canada 2008
- Charity trustee since 2008
- Chairman of Sail Training Youth Committee
- Member of the inaugural International Youth Forum

Organisation aims

*“this organisation exists to offer personal development through adventure under sail to **young people** aged 12 to 25”*

*“this organisations aim is to provide opportunities for **young people** and people with disabilities to acquire those attributes of a seaman... ..which will help them throughout their lives”*

*“aims to provide disadvantaged **young people** with the opportunity for self-development from the experience of living and working on large sailing boats.”*



Sail Training International Mission

*“We work closely with the world’s sail training Tall Ships, national sail training organisations and host ports, to help **young people** benefit from the sail training experience.”*

**How can young people
help you?**



Afterguard working group

- Regular Volunteers
- Social Networking
- Have personal interaction with young crew
- Feed ideas up to management
- Low cost to set up
- Self regulated



UK Sail Training Youth Committee

- Members of organisations around the country nominate a representative for a national forum
- Forum to collaborate ideas for the greater good of national sail training
- Factsheets
- Fundraising potential
- Feed information through national representative to the IYF

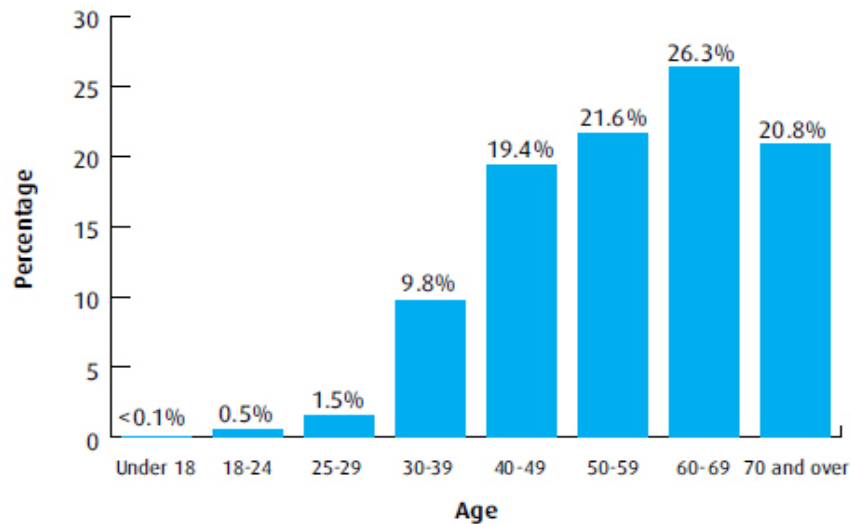
“A Breath of Fresh Air” - young people as charity trustees

- Report by the UK Charity Commission –
September 2010

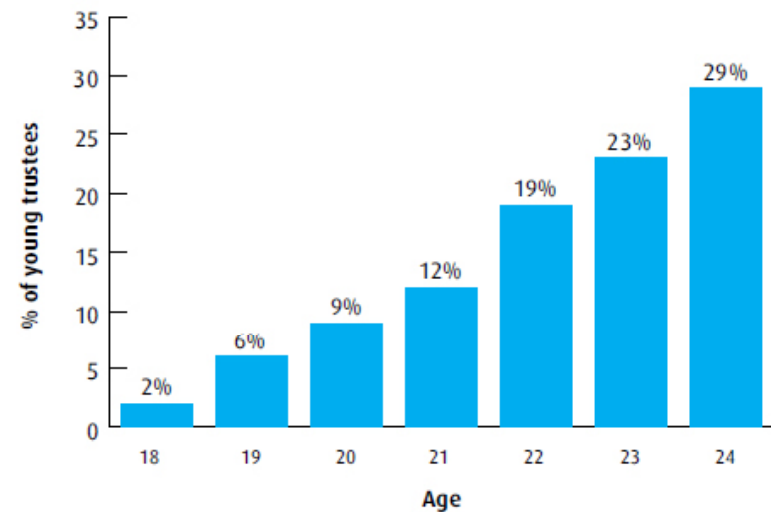
CHARITY
COMMISSION

Current trustee profile in England and Wales

Trustees by age band



% of young trustees by age (18-24 inclusive)



Source: Charity Commission

Advantages of a diverse trustee board

- Broader range of trustee skills, knowledge and experience
- Greater assurance that a charity is fair and open in all its dealings
- Increased accountability for the charities actions

Source: *Finding New Trustees: What charities need to know (CC30)* – Charity Commission

Difficulties considering young people in governance roles

- Lack of time to involve young people (17% of responses)
- Young People not interested (17%)
- Cost of involving young people (13%)
- Lack of senior staff buy-in (13%)
- Resistance from older committee/ board members (12%)
- Difficult to support young people (12%)
- Difficult to find young people (12%)
- Organisation does not have the expertise (4%)

Source: British Youth Council – Participation Works, May 2009



Pathways into the trustee role

- Many young people didn't realise the trustee role existed
- Natural extension of a volunteering role
- Already committed to the charity and its cause

Young people's contribution to a trustee's board

- Bringing new ideas, new ways of doing things, and harnessing technology
- Bringing renewed energy
- Increasing the charity's networking opportunities
- Bringing a service-user voice

The value of the volunteer and trustee experience

- Building self-respect and respect from others
- Enhancing the CV and labour market prospects
- Opportunity to develop specific skills
- Development of decision making and management skills
- Increased maturity and confidence in handling responsibility.



Difficulties encountered by young trustees

- Limited experience and the need to prove themselves
- Limited induction and mentoring
- Not being taken seriously
- Lack of confidence shown in them by service users
- Time management issues



Analysis and conclusions

- Encourage young people to work on materials to promote trusteeship to their peers
- Volunteering is a key route into charity trusteeship for young people
- Charities should value their young trustees
- Many benefits from young people's involvement as a trustee
- Long term benefits for charity
- Benefits for the charity of having a diverse board

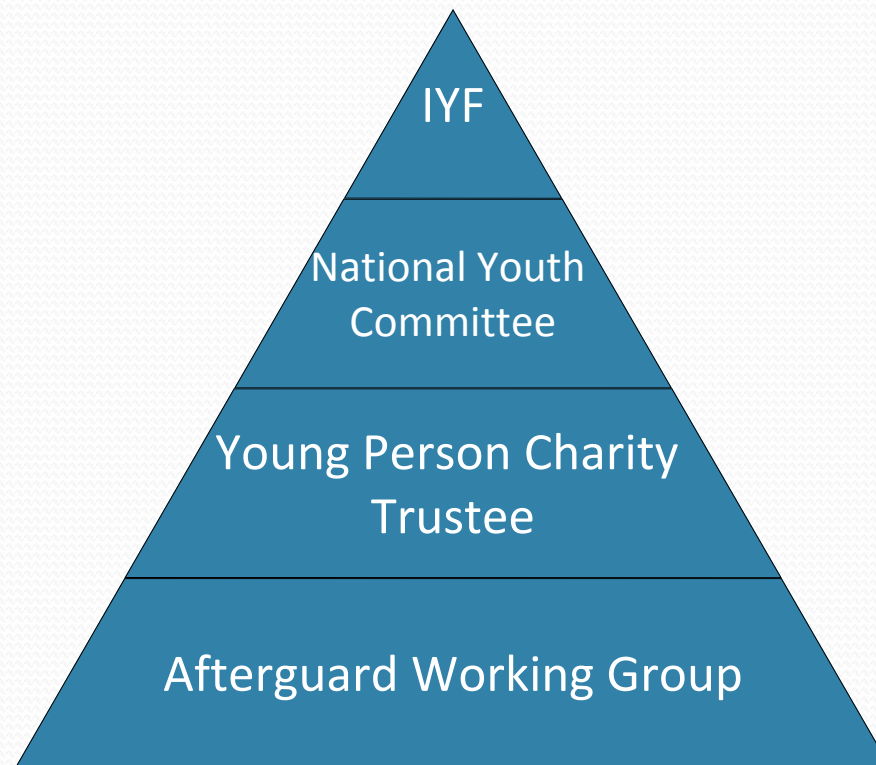


Charity Checklist – Annex B

- A: Thinking about recruitment
- B: Legal and related considerations
- C: How do you identify and encourage young people to apply for trustee roles?
- D: How will you support young trustees

<http://www.charitycommission.gov.uk/Publications>

International Youth Forum





Concluding remarks

“The International Youth Forum aims to bring young people from the international community together; working for youth by youth to provide fresh ideas for the future of sail training”



Any Questions?