

SAIL TRAINING PROGRAMME



LIFE CHANGING EXPERIENCE

STAN developed the **STP** to

- Maximise the sail training experience
- Explain **WHAT** will be taught
- Explain **HOW** it will be taught



STRUCTURE STP

- Goals STP
- Curriculum
- Methods
- Management



GOAL STP

Empowerment (young) people true development
of Competences:

- Nautical competences
- Social competences

Creating interest in the sea and maritime world



CURRICULUM (1)

Nautical competences:

- Safety skills (IMO BST subjects)
- Seafarer skills
- Sailing skills

To comply with the SPS code and have time for the sailing skills we have made four levels:

Pre-departure, short, medium, long.



CURRICULUM (2)

Social competences:

- Sense of responsibility
- Perseverance
- Teamwork
- Communication
- Leadership
- Working independently
- Crossing boundaries



CURRICULUM (3)

Any sail training voyage is about nautical and social skills, whether or not to teach the social skills actively is a choice and depends on the trainees on board!



WORK METHODS (1)

The methods used in the STP are tailored on a learning organization:

- Instruction cards for new crew
- Train de trainer to maximise learning



WORK METHODS (2)

Didactic training crew:

- Model Van Gelder
- Learning styles from Kolb
- Feedback
- Goal setting
- Learning true experiences & successes



WORK METHODS (3)

Training crew in

- Group dynamics
- Participation methods
- Awareness prejudices
- Cognitive and social development youngsters.



MANAGEMENT

- Planning and evaluation
- Communication
- Ships rules
- Emergency response plan
- Education /training crew



CONCLUSION

- STP approved by Netherlands Flag State Authority for SPS/Sail training Certification.
- STP is operational since 2009
- Results of the first year
 - Evaluations trainees are positive
 - Crew is positive
 - New Clients (ROYAL NL NAVY)

